

Research article

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## **STUDYING THE FAMILY EDUCATION GUIDANCE SERVICE SYSTEM OF PRIMARY AND SECONDARY SCHOOLS FROM THE PERSPECTIVE OF POSITIVE EDUCATION**

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**Abstract.** *The article is devoted to the study of the family education guidance service system in primary and secondary schools in China. The analysis of the activities of family education counseling services, which have become a sphere of educational services, is presented. The country attaches increasing importance to them. The article examines the state of family education and counseling service systems in primary and secondary schools using Guang'an City, Sichuan Province, as an example. The results of a survey of 500 families to identify the needs and preferences for professional guidance of family education are presented. The survey shows that most parents of primary and secondary school students attach great importance to family education. It is concluded that the family education counseling service system should actively implement the concepts and methods of positive education to provide families with better educational support and guidance. However, the shortage of professional personnel in the family education counseling service system needs to be solved. In addition, the family education counseling service system should organize special training courses to help parents understand and solve their children's psychological problems, and improve parents' attention to children's mental health. In this way, it is necessary to provide personalized services and guidance according to the needs of different families. It is also necessary to publicize and promote the family education counseling system to improve parents' awareness and participation, and finally, it is necessary to strengthen the supervision and evaluation of the family education counseling system to ensure its effective implementation.*

**Keywords:** *family, family education, counseling services, primary and secondary schools*

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Научная статья

## **ИССЛЕДОВАНИЕ СИСТЕМЫ СЛУЖБЫ КОНТРОЛЯ СЕМЕЙНОГО ОБРАЗОВАНИЯ В НАЧАЛЬНЫХ И СРЕДНИХ ШКОЛАХ С ТОЧКИ ЗРЕНИЯ ПОЗИТИВНОГО ОБРАЗОВАНИЯ**

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**Резюме.** *Статья посвящена изучению системы услуг по консультированию по семейному образованию в начальных и средних школах Китая. Представлен анализ деятельности служб консультирования по семейному образованию, которые стали сферой образовательных услуг. Страна придает им все большее значение. В статье рассматривается состояние систем услуг по семейному образованию и консультированию в начальных и средних школах на примере города Гуанъянь провинции Сычуань. Представлены результаты опроса 500 семей с целью выявления потребностей и предпочтений в профессиональном руководстве семейным образованием. Опрос показывает, что большинство родителей учащихся начальных и средних школ придают большое значение семейному образованию. Сделан вывод о том, что система услуг консультирования по семейному образованию должна активно внедрять концепции и методы позитивного образования, чтобы предоставлять семьям лучшую образовательную поддержку и руководство. Однако необходимо решить проблему нехватки профессиональных кадров в системе услуг консультирования по семейному образованию. Кроме того, система услуг консультирования по семейному образованию должна организовывать специальные курсы обучения, чтобы помочь родителям понять и решить психологические проблемы своих детей, а также улучшить внимание родителей к психическому здоровью детей. Таким образом, необходимо предоставлять персонализированные услуги и руководство в соответствии с потребностями разных семей. Также необходимо рекламировать и продвигать систему консультирования по семейному образованию для повышения осведомленности и участия родителей, и, наконец, необходимо усилить надзор и оценку системы консультирования по семейному образованию для обеспечения ее эффективной реализации.*

**Ключевые слова:** *семья, семейное образование, консультационные услуги, начальные и средние школы*

#### **Для цитирования**

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The family is the basic cell of society. Paying attention to family and tutoring is of great significance to national development, national progress and social harmony. The family is a child's first classroom, and parents are their children's first teachers. How well family education is carried out is related to the lifelong development of children, the vital interests of families, and the future of the country and nation.

On October 11, 2015, the Ministry of Education of the People's Republic of China issued the “Guiding Opinions on Strengthening Family Education”. The “Opinions” emphasized that we must fully understand the importance of strengthening family education and further clarify the main role of parents in family education (Chen Yueqin, 2015). Responsibility, give full play to the important role of schools in family education, accelerate the formation of a social support network for family education, and improve family education work security measures. It can be seen that family education guidance services have become an educational service field that the country attaches increasing importance to. Establishing and improving the family education guidance service system, especially the school family education guidance service system, has become the focus of current family education work.

#### **Current status of family education and guidance service systems in primary and secondary schools – taking Guang’an City, Sichuan Province as an example**

So, what is the current status of family education and its guidance service system in primary and secondary schools in my country? We started from this region, that is, taking Guang'an City, Sichuan Province as an example, to carry out relevant research.

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As we all know, children are the flowers of the motherland and the future of the nation. The education of primary and secondary school students has always been the focus of social attention, and family education guidance services play an important role in students' academic and growth.

First, we focused on the actual situation of family education in primary and secondary schools in Guang'an City, adopted a stratified random sampling method, and conducted an extensive survey of 500 families. We combined qualitative interviews and scale assessments to deeply analyze parents' needs and preferences for professional family education guidance. .

The survey shows that most parents of primary and secondary school students attach great importance to family education. They generally believe that family education is an important way to cultivate children's comprehensive qualities. More than 80 % of the parents surveyed believe that family education is not just about imparting knowledge, but should also focus on cultivating children's moral character, emotions and life skills.

The survey results show that there are differences in parents' choices of family education methods. About 50 % of parents believe that family education should be oriented towards children's interests and focus on cultivating their personalities and talents. There are still some parents who believe that traditional education methods are more important, and they emphasize strict requirements and discipline for their children.

The survey also found that parents generally face the problem of family education pressure. About 60 % of the parents surveyed said that they felt pressure from society and schools and believed that they needed more support and guidance in family education. This result shows that there are certain challenges and difficulties in family education in primary and secondary schools, and relevant departments need to strengthen support and services for family education.

The results of the survey on family education concepts and attitudes in primary and secondary schools show that parents attach great importance to family education and have diversified choices of education methods. At the same time, family education also faces certain challenges and pressures. Therefore, it is imperative to establish a family education guidance service system for primary and secondary schools from a positive educational perspective to help parents better carry out family education work.

### **The value of positive education concepts in family education guidance in primary and secondary schools**

So, how can we improve the effectiveness of family education and guidance services in primary and secondary schools? We believe that a good theoretical guidance foundation is essential. Let's learn about positive psychology and positive education together.

Positive psychology turns more attention to the study of the positive side of human nature, emphasizing attention to people's excellent potential and developing people's potential. Positive education is an educational concept and method proposed based on positive psychology and reflecting on traditional educational concepts and educational reality.

Positive education refers to an educational concept that guides children's growth with a positive, sunny, and optimistic attitude. In family education, positive education is widely used and has achieved remarkable results. The application of positive education in family education will be analyzed in detail through several cases of positive education effects.

First of all, through positive education, children's self-confidence and self-esteem can be improved. In the education process, parents can cultivate their children's confidence in their own abilities through encouragement, praise and affirmation, and give their children sufficient respect and understanding. For example, a child in a certain family encounters some setbacks in school and feels low self-esteem and helpless. Parents use positive education me-

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thods to tell their children that they believe in his abilities, encourage him to actively face difficulties, and help him find solutions to problems. After a period of hard work, the child gradually regained his confidence and made obvious progress.

Secondly, positive education can cultivate children's healthy psychology and emotional management abilities. In family education, parents can help their children understand and manage their own emotions through emotional communication and emotional guidance. For example, children in a certain family are often anxious and nervous when faced with learning pressure, which affects their learning results. Through communication and listening with their children, parents understand their children's inner stress sources and adopt positive education methods to guide their children to learn to self-regulate their emotions and relieve stress through exercise, rest and communication with friends. As time goes by, children gradually learn to manage their emotions effectively, and their learning results are significantly improved.

In addition, positive education can also cultivate children's cooperation and communication skills. In family education, parents can cultivate their children's sense of cooperation and ability to care for each other by encouraging their children to participate in family affairs and engage in cooperative games with siblings or peers. For example, children in a certain family often quarrel and fight with their siblings. By actively communicating and guiding their children, parents tell them the importance of cooperation and give them opportunities to work together to solve problems. As time goes by, the children learn to collaborate and cooperate with each other, and the family atmosphere becomes more harmonious and harmonious.

Through the analysis of the above cases, we can see that the application of positive education in family education has significant effects. It can improve children's self-confidence and self-esteem, cultivate children's healthy psychology and emotional management abilities, and also cultivate children's cooperation and communication skills. Therefore, the family education guidance service system should actively introduce the concepts and methods of positive education to provide families with better educational support and guidance (Yang Li, 2020).

Problems faced by family education guidance in primary and secondary schools and suggestions for improvement.

We also face some problems in family education using positive education.

First of all, in the current family education guidance service system, there is still a simple teaching of parents' educational concepts and methods, and there is a lack of guidance adapted to local conditions. This situation makes it difficult for parents to correctly apply the concept of positive education in practice and effectively solve their children's education problems.

Secondly, the lack of professional staff in the family education guidance service system is also a problem. Currently, those who serve as family education instructors often only have certain educational experience but lack systematic professional training. This makes them often unable to provide accurate and effective guidance when faced with complex family education issues.

In addition, the mental health of children and adolescents is also an urgent problem that needs to be solved. In recent years, the psychological problems of children and adolescents have become more and more prominent, but most parents lack attention to mental health and correct guidance when educating their children. This requires the family education guidance service system to provide targeted and professional mental health guidance to help parents better deal with their children's psychological problems.

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In response to the above problems, we can put forward some suggestions for improvement.

First, training and guidance for parents should be strengthened. The content of the training should not only include the teaching of educational concepts and methods, but also focus on improving parents' thinking skills and ability to analyze problems, so that they can better apply the concept of positive education in practice.

Secondly, a complete family education guidance service system needs to be established to provide more targeted guidance. This includes broadening the selection channels for instructors, strengthening the development of professional abilities and improving service levels, and ensuring that instructors are competent in complex family education issues.

In addition, more attention and guidance should be paid to the mental health of children and adolescents. The family education guidance service system can set up some special mental health training courses to help parents understand and solve their children's psychological problems, and increase parents' attention to children's mental health.

In general, to strengthen the application of positive education in family education, we need to solve the problems in the existing family education guidance service system. Through training and guidance for parents, we will establish a complete guidance service system and pay more attention to the mental health of children and adolescents, so that positive education can play a greater role in family education and promote the all-round development of children.

### **Some summary points**

1. From the perspective of positive education, the establishment of a family education guidance service system for primary and secondary schools is of great significance in promoting the all-round development of students. By providing professional educational consultation and guidance to families, we can help parents understand and master scientific educational methods, improve family education levels, and thereby help children develop better in the family environment.

2. The family education guidance service system for primary and secondary schools should include multiple aspects such as family education consultation, family education training, family education evaluation and family education support. Family education consultation can provide parents with professional education consulting services to help them solve educational problems; family education training improves parents' educational knowledge and skills by organizing various training activities; family education assessment can help parents understand their children's development status, Adjust education strategies in a timely manner; family education support provides families with various resources and support to help them better fulfill their educational responsibilities.

3. The establishment of a family education guidance service system for primary and secondary schools requires support and cooperation from many aspects. Schools should assume the responsibility of leading and promoting, regard family education as an important part of school work, and provide corresponding resources and support; the government should formulate relevant policies and regulations to provide laws and policies for the development of family education guidance service systems for primary and secondary schools. Guarantee; educational institutions, social organizations and family education experts should also actively participate in it and provide professional support and services.

4. The establishment of a family education guidance service system for primary and secondary schools requires attention to solving some problems and challenges. First of all, a scientific and systematic evaluation mechanism needs to be established to help families understand the effects of education; secondly, personalized services and guidance need to be

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provided according to the needs of different families; in addition, it is also necessary to strengthen the publicity and promotion of the family education guidance service system. promotion to increase parents' awareness and participation; finally, it is necessary to strengthen the supervision and evaluation of the family education guidance service system to ensure its effective implementation.

Research on the family education guidance service system in primary and secondary schools from the perspective of positive education can provide effective support and guidance for promoting the all-round development of students and improving the level of family education. In the process of establishing this system, multi-faceted support and cooperation are required, as well as attention to solving some problems and challenges to ensure its effective implementation. Therefore, based on the actual needs of children's growth and social development, we will continue to pay attention and continue to work hard in this regard.

### **Some prospects**

1. Further deepen the understanding and application of the perspective of positive education. As an emerging educational concept, positive education has important guiding significance for the construction and practice of family education guidance service systems. Future research can conduct in-depth research from the theoretical basis, practical application, policy support, etc. of positive education to promote its application in the family education guidance service system.

2. Further improve the construction of family education guidance service system for primary and secondary schools. Our current research has conducted preliminary discussions and practices on the construction of a family education guidance service system for primary and secondary schools, but there are still some problems and shortcomings. Future research can conduct an in-depth analysis of each link of the family education guidance service system from multiple dimensions and propose more detailed and specific construction measures to improve the quality and effect of the family education guidance service system in primary and secondary schools.

3. Further deepen the understanding and application of the positive education perspective, improve the construction of the family education guidance service system for primary and secondary schools, and expand research methods and research objects.

We hope that through our continued efforts, we can further promote the development and innovation of the family education guidance service system for primary and secondary schools from the perspective of positive education, improve the quality of family education, and promote the all-round development of students.

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Автор заявляет об отсутствии конфликта интересов.

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### **Conflicts of interest**

The author declares no conflicts of interests.

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