

Research article

УДК 374.1

<https://doi.org/10.24888/2073-8439-2024-67-3-65-74>

EDUCATION FOR EVERY CHILD: EXPLORING THE PATH OF FAMILY EDUCATION OF PRESCHOOL CHILDREN

Chen Xiaoyan

Luzhou Vocational and Technical College, Luzhou, China,
274984508@qq.com

Abstract. *Nowadays, the importance of family education of preschool children in the field of education is becoming increasingly important. Family education has gone beyond the simple upbringing of children. It plays a vital role in shaping the personality, habits and values of children. Often, parents do not have scientifically proven methods of teaching and raising children. To help these families, we have combined the latest educational concepts and practical results to comprehensively analyze the essential elements and effective strategies of family education in order to provide specific practical recommendations so that parents can find an educational path that suits their circumstances. It is necessary to lay a solid foundation for the all-round development of the child. In this regard, parents need to update their educational concepts, wisely allocate family education resources, understand and respect the physical and mental state of children, develop and strengthen interaction and communication with children. This article discusses the path of family education for preschool children, emphasizing its importance and the challenges faced by families today. The article first defines the connotation of family education for preschool children, and then elaborates on its core elements, including emotional companionship, cognitive enlightenment and habit formation. In terms of implementation paths, strategies such as creating a favorable family environment, formulating science education plans, and parent-child reading are proposed. We realized that family education of preschool children is not only a long-term and challenging task, but also a lofty mission carrying the hope of cultivating the future.*

Keywords: *preschool children, family education, interaction between children and parents, implementation path*

For citation

Xiaoyan, C. (2024). Education for every child: exploring the path of family education of preschool children. *Psikhologiya obrazovaniya v polikul'turnom prostranstve*, (3), 65–74. <https://doi.org/10.24888/2073-8439-2024-67-3-65-74>

ОБРАЗОВАНИЕ ДЛЯ КАЖДОГО РЕБЕНКА: ИЗУЧЕНИЕ ПУТЕЙ СЕМЕЙНОГО ОБРАЗОВАНИЯ ДЕТЕЙ ДОШКОЛЬНОГО ВОЗРАСТА

Ч. Сяоянь

Лучжоуский профессионально-технический колледж, Лучжоу, Китай,
274984508@qq.com

Резюме. *В настоящее время значение семейного образования детей дошкольного возраста становится все более важным. Семейное образование вышло за рамки простого воспитания детей. Оно играет жизненно важную роль в формировании личности, привычек и ценностей детей. Зачастую у родителей нет научно обоснованных методов обучения и воспитания детей. Чтобы помочь этим семьям, мы объединили новейшие образовательные концепции и практические результаты для всестороннего анализа основных элементов и эффективных стратегий семейного образования с целью предоставления конкретных практических рекомендаций, которые бы позволили родителям определить наиболее подходящий в их обстоятельствах путь образования. Необходимо заложить прочную основу для всестороннего развития ребенка. В связи с этим родителям необходимо обновить свои образовательные концепции, разумно распределить ресурсы семейного образования, понимать и уважать физическое и психическое состояние детей, развивать и укреплять взаимодействие и общение с детьми. В этой статье обсуждается путь семейного образования детей дошкольного возраста, подчеркивается его важность и проблемы, с которыми сталкиваются семьи сегодня. В статье сначала определяется значение семейного образования для детей дошкольного возраста, а затем подробно рассматриваются его основные элементы, включая эмоциональное товарищество, когнитивное просвещение и формирование привычек. С точки зрения путей реализации предлагаются такие стратегии, как создание благоприятной семейной среды, составление планов научного образования и родительско-детское чтение. Мы осознали, что семейное воспитание детей дошкольного возраста — это не только долгосрочная и сложная задача, но и высокая миссия, несущая в себе надежду на формирование будущего.*

Ключевые слова: *дети дошкольного возраста, семейное образование, взаимодействие детей и родителей, путь внедрения*

Для цитирования

Xiaoan C. Education for every child: exploring the path of family education for pre-school children // Психология образования в поликультурном пространстве. 2024. № 3 (67). С. 65–74. <https://doi.org/10.24888/2073-8439-2024-67-3-65-74>

With the rapid development of society and the continuous deepening of educational reform, the importance of family education for preschool children in the field of education has become increasingly prominent. In this information-rich and culturally diverse era, family education has gone beyond mere parenting. It plays a vital role in shaping children's personalities, habits and values. General Secretary Xi Jinping has repeatedly emphasized the core position of family education, pointing out that “the family is the first classroom in life, and parents are the first teachers of their children”. At the same time, the implementation of the “Family Education Promotion Law” provides legal support for family education. Guarantee and guidance. Many early childhood education experts such as Chen Yueqin (2015) have also begun to con-

duct in-depth research on the impact of family education environment on children's development, while Jing Libin (2014), Zhang Yongzhong (2014) and others have discussed the current situation and challenges of family education for preschool children from different angles.

Although the key role of family education has been widely recognized, many parents still feel confused and helpless in actual operations. They have deep love and expectations for their children, but often lack scientific and systematic education methods. In order to help these families get out of this predicament, we will combine the latest educational concepts and practical results to comprehensively analyze the core elements and effective strategies of family education, with a view to providing specific and feasible guidance so that parents can find an education path that suits their own circumstances. Lay a solid foundation for your child's all-round development.

Basic connotation of family education for preschool children

Family education for preschool children refers to comprehensive and systematic educational activities for children aged 0–6 who have not yet entered school, with the family as the core environment and implemented by parents or other adults in the family. These activities are not limited to the teaching of knowledge, but also focus on the comprehensive development of children in cognitive, emotional, social and other fields.

1. Cognitive development. Family education should pay attention to and carefully cultivate children's observation, thinking and creativity. By providing a variety of learning resources and activities, we stimulate children's curiosity and desire to explore, and promote independent learning and independent thinking. At the same time, we focus on improving language expression and mathematical logical thinking skills to lay a solid foundation for future study and life (Ma Dongke, 1994).

2. Emotional cultivation. Family education is not only the transfer of knowledge, but also the exchange of emotions. Parents should give their children adequate care and support, gain a deep understanding of their children's emotional needs through daily parent-child interactions, help them build a sense of security, self-confidence, and form a positive and healthy emotional attitude, laying a good foundation for future social interactions.

3. Social skills. Family education should encourage children to explore outward and participate in social life. In interacting with peers of the same age, learn to establish connections, share and communicate effectively, and cultivate a spirit of cooperation and team awareness. Through practice, good social habits and interpersonal skills will gradually be formed to prepare for future integration into a broader social environment.

Factors influencing family education of preschool children

The influencing factors of preschool children's family education include family education concepts, conditions, planning, member relationships, educational strategies, and the length of parent-child education. These factors work together to shape children's growth and development, shaping their personalities, habits and values.

1. Family education concept. The concept of family education is the core idea that guides family education, and it profoundly affects parents' educational behavior and attitudes. A comprehensive family education concept focuses on the balanced development of children morally, intellectually, physically, and aesthetically, respects each child's personality and interests, and avoids blind pursuit of standardization and comparison with others. At the same time, this concept also pays more attention to children's comprehensive quality and future development potential, rather than just focusing on academic performance. This kind of family

education concept provides a solid foundation for the all-round growth of children (Yang Li, 2020).

2. Family education conditions. Family education conditions cover various material and spiritual resources that the family can provide. This includes a wealth of educational resources such as books, educational toys and learning equipment, which are important tools for children's learning and development. At the same time, family financial support is also key, as it determines whether the family can afford various educational activities and extracurricular tutoring. In addition, parents' time investment is also an important condition. Sufficient companion time not only helps children's learning, but also promotes their emotional development. These conditions together form a solid foundation for family education.

3. Family education planning. Reasonable family education planning is crucial for children's systematic learning and growth. It includes setting clear, achievable long-term and short-term learning goals for children to ensure that children have a clear direction in the learning process. At the same time, based on the child's actual situation and learning progress, parents will carefully formulate matching educational content and progress to meet their individual needs. In addition, the plan also includes regular evaluation of educational effects, so that parents can keep abreast of their children's learning status and make corresponding adjustments as needed to ensure the effectiveness and adaptability of the educational path.

4. Relationship between family members. Harmonious family relationship has a decisive impact on children's mental health. The harmony of the relationship between husband and wife is directly related to the stability of the family environment. At the same time, the degree of intimacy and trust in the parent-child relationship is also crucial. It determines whether parents and children can communicate effectively, which in turn affects the child's emotional development and behavioral patterns. In addition, the attitudes and behaviors of other family members, such as grandparents, siblings, etc., will also have an impact on the child's growth. A harmonious and harmonious family atmosphere helps to cultivate children's positive attitude and sound personality.

5. Family education strategies. Family education strategies are specific methods and means carefully selected by parents in the education process. This involves skillfully balancing positive incentives with negative punishments, designed to encourage positive behaviors and correct bad habits. At the same time, effective communication and listening techniques are also an important part of educational strategies, which allow parents to deeply understand their children's inner world and accurately grasp their thoughts and needs. In addition, parents also focus on cultivating their children's autonomy and creativity when guiding their learning, so that children can think independently and be brave in innovation while mastering knowledge. The comprehensive application of these strategies is of great significance in promoting the all-round development of children.

6. Duration of parent-child education. The length of parent-child education is an important indicator to measure family investment in education. It covers many aspects of parents and children's joint participation in educational activities. The length and quality of daily companionship are directly related to the warmth and support children feel from the family; shared learning, such as reading together, playing games, exploring new knowledge and other activities, can not only enhance the parent-child relationship, but also promote children's cognitive development; and Time for emotional communication is crucial to children's emotional development and social skills. Together, these activities form an important part of parent-child education and have a profound impact on the healthy growth of children.

The educational dilemma of family education for preschool children

Through a comprehensive analysis of factors affecting preschool children's family education, it was found that their educational difficulties are mainly reflected in the following aspects:

1. Misunderstanding of family education concepts. Many parents equate family education with intellectual education, overemphasis on knowledge infusion, such as literacy, memorizing poetry, etc., while ignoring the cultivation of non-intellectual factors such as moral character and character. This deviated educational concept may lead to children lacking comprehensive qualities and abilities in future development.

2. Excessive parental intervention in preschool education. Parents' excessive interference in their children's learning and life is another dilemma. Excessive intervention will weaken children's autonomy, cause them to lose opportunities for self-exploration and problem-solving, and affect their independent thinking ability and future attitude towards life and work. At the same time, excessive intervention may also cause excessive stress in children and cause psychological problems such as anxiety and depression.

3. Uneven distribution of family education resources. There are also difficulties in the allocation of family education resources. On the one hand, differences in economic status between different families lead to uneven distribution of educational resources. Some families are able to provide better educational environments and resources, while other families face the problem of lack of resources. On the other hand, even in families with better economic conditions, there may be irrational allocation of educational resources, such as excessive pursuit of extracurricular tutoring and interest classes, while ignoring the true interests and needs of children.

4. Lack of understanding of children's development patterns. Many parents lack understanding of the laws of children's physical and mental development, which may lead them to adopt inappropriate methods or have too high expectations in family education. For example, premature "formalized" training of young children ignores children's playful nature and violates the physical and mental development rules of preschool children.

5. Insufficient interactive communication in the parent-child relationship. In the fast-paced modern life, many parents lack interaction and communication with their children due to their busy work schedule. Insufficient parent-child relationship and interaction will affect the effectiveness of family education and make it difficult for children to feel the warmth and support of the family. This dilemma can result in a child's social and emotional development being stunted.

Implementation path of family education for preschool children

According to the analysis of the connotation of preschool children's family education and its influencing factors, in order to effectively solve the dilemma of family education and education, parents need to update their educational concepts, let their children explore independently, reasonably allocate family education resources, understand and respect children's physical and mental development regularity and strengthen interaction and communication with children. Specifically, the following path measures can be taken (fig. 1).

1. Create a family environment conducive to children's growth. The growth of preschool children is deeply affected by their family environment, and this influence permeates all aspects of their physical and mental health, cognitive development, and emotional attitudes. Family, as the first social environment that children come into contact with, not only provides a place for life, but also an important stage for them to learn, imitate and practice. A warm, harmonious and loving family environment is like a fertile soil that can nourish child-

ren's hearts, provide them with a solid sense of security, and then cultivate a confident and positive attitude towards life. At the same time, such an environment can effectively stimulate children's curiosity and desire to explore, and promote their cognitive development to move forward.

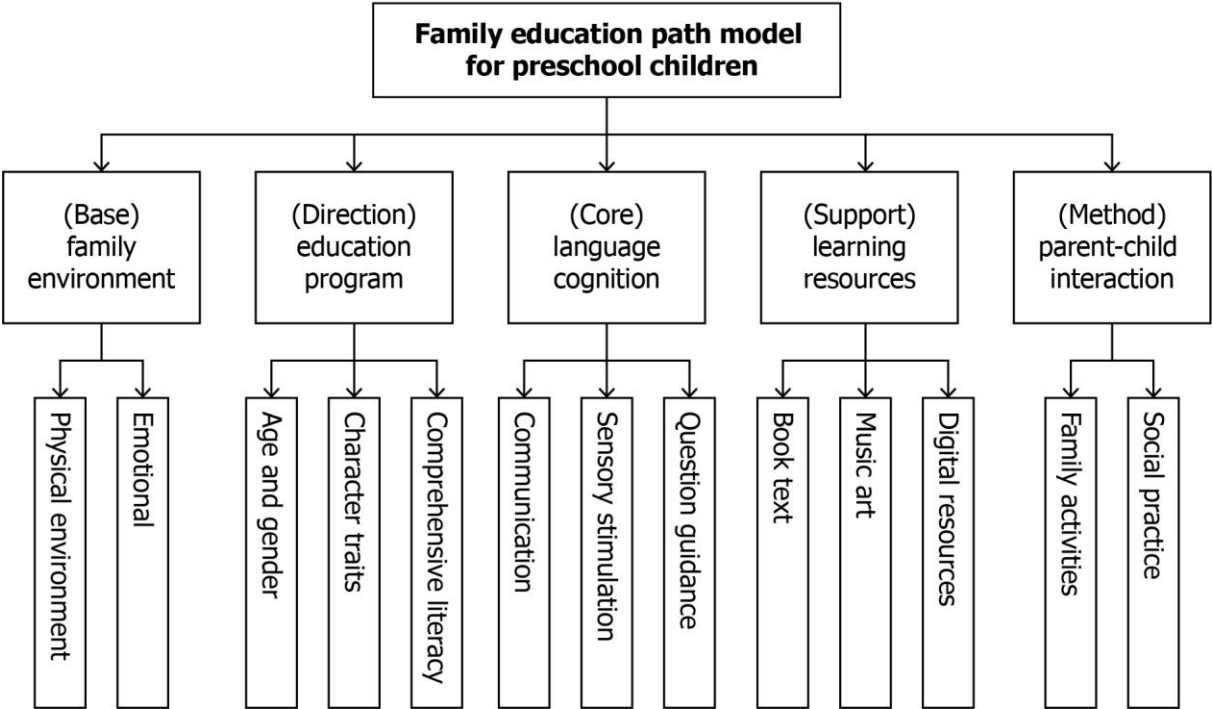


Fig. 1. Implementation path of family education

The composition of the family environment is diverse, covering many aspects such as the physical environment, emotional atmosphere, educational resources, and family culture. The material environment is the basis of family life, including living conditions, living facilities, school supplies, etc., which are directly related to children's quality of life and learning conditions. The emotional atmosphere is created by the relationships, communication methods and attitudes among family members. It has a crucial impact on the formation of children's emotional attitudes. Educational resources refer to learning materials, educational toys at home, and external educational support, which provide necessary support and guarantee for children's learning. Family culture plays an important role in the growth of children. It has a profound impact on children by shaping the values, life attitudes and habits of family members. This culture is reflected in daily life, quietly changing children's thinking and behavioral habits.

In order to create a family environment conducive to children's growth, parents need to make comprehensive considerations and efforts from multiple dimensions. They must ensure that sufficient material conditions are provided to meet the children's basic living and learning needs; at the same time, they must also pay attention to emotional investment, establish a close parent-child relationship with the children, and provide them with sufficient care and support. In addition, parents must actively enrich educational resources and provide children with a variety of learning materials and activities to stimulate their learning interests and potential. Finally, by creating a positive family culture, parents can lead by example and cultivate good moral character and behavioral habits in their children.

2. Develop a scientific and reasonable family education plan. For preschool children, it is crucial to develop a scientific and reasonable family education plan. This kind of plan not only provides parents with a clear and systematic educational guidance framework, but also ensures that children receive comprehensive and balanced growth support at critical stages of development. Preschool children are in a period of rapid physical and mental development, and their cognitive, emotional, social and physical development are constantly improving. Therefore, a thorough and scientific family education plan can ensure that these aspects receive balanced attention and training, and prevent the neglect or biased development of certain important areas.

Planning begins with a deep understanding of your child's unique interests and needs. This understanding is the cornerstone of planning, which ensures that educational content and methods are consistent with children's actual situations and preferences, thereby stimulating their enthusiasm and enthusiasm for learning. Secondly, it is also essential to set a series of clear and specific educational goals according to the age and development stage of the child. These goals cover cognitive development, language expression, social skills and emotional management, etc., aiming to ensure that children receive appropriate growth support in all areas.

In addition, when choosing educational methods and resources, parents should fully consider their children's age characteristics and interests. For example, parent-child reading is used to cultivate children's language skills and reading interests, interactive games are used to improve their social skills and cooperative spirit, and outdoor exploration activities are used to enhance children's physical fitness and environmental awareness. At the same time, parents can also actively make use of abundant external resources such as the Internet and libraries to create a diverse and broad learning space for their children.

Finally, the flexibility and sustainability of home education programs cannot be ignored. As children grow and change, plans need to be adapted and optimized accordingly to accommodate their new and evolving needs. This requires parents to maintain an open and flexible attitude when formulating plans, allowing appropriate modifications and additions based on actual circumstances. At the same time, parents should also pay attention to the sustainability of the plan, avoid placing excessive learning pressure on their children, and ensure that they grow up healthily in a relaxed and enjoyable atmosphere.

3. Promote children's language and cognitive development. Children's language and cognitive development are intertwined and mutually reinforcing processes, and together they form the basis of children's mental growth. The preschool period is a critical period for the rapid development of children's language and cognitive abilities. Therefore, parents and educators need to have a deep understanding of children's language and cognitive patterns and take effective measures to promote their development.

Children's language growth can be traced, from simple pronunciation to proficient use of complex sentence structures and vocabulary. In addition, their cognitive progress also appears in stages, gradually upgrading from the sensorimotor stage to the preoperational stage, during which their thinking methods and cognitive abilities continue to increase. In this process, children express their thoughts and needs through language, and understand and explore the world around them through cognition.

In order to promote children's language and cognitive development, parents and educators can take the following measures: The first is to create a rich language environment. Such as regular communication with children, narrating stories, singing, etc. These activities can stimulate children's desire for language expression and enhance their language understanding ability. At the same time, children are encouraged to ask questions and express their own opinions, cultivating their critical thinking and creative expression skills. The second is to create

a diversified cognitive environment. Provide various types of toys and games to allow children to perceive and understand the nature and laws of things during hands-on operations.

In addition, children can also be guided to participate in some simple scientific experiments and inquiry activities to cultivate their spirit of inquiry and problem-solving abilities. Finally, we must also pay attention to the integrated development of language and cognition. Incorporate cognitive elements into language activities, such as guiding children to think about the reasons and logic behind the storyline and character actions when telling stories. At the same time, the importance of language expression is also emphasized in cognitive activities, and children are encouraged to use language to describe their discoveries and thinking processes.

4. Provide diversified learning resources and activities. The key to family education for preschool children is to create a diverse and inspiring learning environment for the children. This environment is not only built on traditional books and toys, but also incorporates diverse elements such as modern digital media, community resources, and natural resources, which together form a three-dimensional and comprehensive learning network.

Books and picture books, as carriers of knowledge, play an irreplaceable role in cultivating children's reading interest and basic cognitive abilities. However, in modern family education, the diversification of resources goes far beyond this. Educational toys and games, with their entertaining and educational nature, have become powerful tools to stimulate children's curiosity, develop hands-on skills and problem-solving abilities. For example, building blocks and puzzles can develop children's spatial intelligence and hand-eye coordination, while role-playing and team games can help improve their social and emotional cognitive skills.

At the same time, the rise of digital media resources has brought new possibilities to family education. Children's educational apps, online courses, and interactive learning websites not only provide children with personalized learning paths, but also stimulate their interest in learning in new and interesting ways. However, when using these resources, parents also need to pay attention to reasonable control of usage time and protect their children's vision and physical health.

In addition, community and natural resources, as an extension of family education, also have value that cannot be ignored. Community activities such as parent-child sports games, library reading, etc. can not only enhance parent-child relationships, but also help children establish broader social connections. Outdoor activities and nature exploration help cultivate children's environmental awareness, observation and awe of nature.

In the process of implementing diversified education, parents need to comprehensively consider their children's interests and needs and develop personalized learning plans. By creating an interactive learning environment and encouraging children to actively participate, it can not only improve their learning results, but also strengthen the interaction and communication between parents and children. At the same time, parents should also focus on the integration and expansion of resources, organically integrating resources from different fields, and providing children with a richer and more diverse learning experience.

5. Establish a good parent-child interaction model. In the family education of preschool children, parent-child interaction undoubtedly occupies a core position. This interaction not only deeply affects the shaping and development of children's emotions, but is also an important driving force for their cognitive, social and personality formation. Positive and healthy communication and interaction between parents and children can lay a solid foundation for the child's all-round growth.

The importance of parent-child interaction is reflected on many levels. First, it is the key to establishing an emotional bond. Through daily interactions, a deep relationship of trust

and dependence can be established between parents and children. This emotional foundation provides strong support for children's emotional expression and regulation abilities. Secondly, parent-child interaction is an important window for children to understand the world. In communicating with their children, parents not only transfer knowledge, but also help them establish a preliminary understanding and cognitive framework of the world. In addition, good parent-child interaction can also effectively promote the development of children's social skills. In interactions with parents, children learn how to communicate, share and cooperate with others, which is of great significance for their future integration into society.

To establish a good parent-child interaction model, parents need to start from many aspects. First of all, it is necessary to create a positive and warm family atmosphere so that children can interact with their parents in a relaxed environment. At the same time, parents should always pay attention to their children, respond to their emotional needs in a timely manner, and let their children feel the warmth and support of home. Secondly, parents should respect their children's individual differences and unique personalities and avoid blind comparisons and forced learning. By deeply understanding their children's interests and needs, parents can provide them with more personalized educational guidance. In addition, adopting diversified interaction methods is also key. Whether it is reading together, playing games together or outdoor activities, these diverse forms of interaction can enhance the relationship between parents and children, while allowing children to grow in different scenarios. Finally, maintaining a consistent habit of interaction is crucial. Parents should take time to communicate and interact with their children regularly, pay attention to their growth and changes, and adjust educational strategies in a timely manner. Through this continuous effort, the relationship between parents and children will be closer and stronger, and the children's growth will be more comprehensive and healthy.

Conclusion

After in-depth exploration, we realized that family education of preschool children is not only a long-term and challenging task, but also a lofty mission carrying the hope of cultivating the future. The family is the first place of education for children, and parents are the closest educators. They have a profound impact on children's cognitive, emotional, social and physical development during the critical growth stage of preschool. With the update of today's educational concepts and changes in family structure, family education for preschool children faces both opportunities and challenges. Parents attach great importance to early education and are confused about how to choose educational paths and methods. Through research and practice, we have found that using diversified learning resources and activities and establishing a good parent-child interaction model can significantly improve the quality of family education. These activities can stimulate learning enthusiasm, cultivate innovative thinking, and improve emotional expression and social skills. Lay a solid foundation for the future.

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<https://doi.org/10.32629/jief.v2i11.2515>

Информация об авторе

Сяоянь Чэнь, доцент Лучжоуского профессионально-технического колледжа, Лунчжоу, Китай; электронная почта: 274984508@qq.com

Заявление о конфликте интересов

Автор заявляет об отсутствии конфликта интересов.

История статьи

Поступила в редакцию 10.08.24. Принята к печати 28.08.24.

Information about the author

Chen Xiaoyan, Associate Professor, Luzhou Vocational and Technical College, Luzhou, China; e-mail: 274984508@qq.com

Conflicts of interest

The author declares no conflicts of interests.

Article history

Received 10 August 2024. Accepted 28 August 2024.